

S.No. 3910

16 SCCPE 4

(For candidates admitted from 2016–2021 Batch)

B.Sc. DEGREE EXAMINATION, NOVEMBER 2023.

**Part III — Physical Education, Health Education and
Sports — Major**

SPORTS PSYCHOLOGY AND SOCIOLOGY

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20)

Answer ALL questions.

1. What do you mean by perception?
2. What is the average I.Q score?
3. List down the Personality based on structure.
4. What is called Extrinsic Motivation?
5. Define Eustress.
6. Write the meaning of self-concept.
7. List down the qualities of laissez-faire leadership.
8. Define sociology.
9. What do you mean by sports social crisis?
10. Who is called as Autocratic leader?

PART B — (5 × 5 = 25)

Answer ALL questions.

11. (a) What is the role of perception in sports?
Or
(b) Give an account on motor learning.
12. (a) What are the causes of anxiety and how do it affect the sports person?
Or
(b) How does stress affect sports performance?
13. (a) Briefly explain about the factors influencing motivation.
Or
(b) Brief about the types of motivation.
14. (a) Explain about types of leadership.
Or
(b) What are the qualities required to be a leader?
15. (a) What are the difficulties faced by sports Women in our society?
Or
(b) Give an account on elements of culture.

PART C — (3 × 10 = 30)

Answer any THREE questions.

16. Explain in detail about theories of learning.
17. Explain the need and importance of leadership in physical education and sports.
18. Explain about various classifications of personality.
19. Explain about the mental preparation strategies.
20. Narrate on sports and social problems.
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