

19. (a) Discuss the functions of National Institute of Nutrition.

Or

- (b) Brief on the objectives of ICHR in combating malnutrition.
20. (a) Discuss the scope of nutrition education.
- Or
- (b) Which are the audio visual aids that are used to create awareness among rural people?

PART C — ($3 \times 10 = 30$)

Answer any THREE questions.

21. Explain the various types of nutritional problems that exist in the community.
22. Elaborate on the various types of dietary assessment.
23. Discuss the objectives and functions of any two National nutrition policies.
24. Highlight the various functions of World Health Organization.
25. What are the points to be considered while executing and evaluating a nutrition education programme?

S.No. 6571

P 22 FSNME 2

(For candidates admitted from 2022–2023 onwards)

P.G. DEGREE EXAMINATION, NOVEMBER 2023.

Food Service Management and Dietetics —
Non Major Elective

COMMUNITY NUTRITION

Time : Three hours

Maximum : 75 marks

PART A — (20 Marks)

Answer ALL questions.

- I. (A) Multiple Choice Questions : ($5 \times 1 = 5$)
1. What is the definition of obesity (all to who)
- (a) BMI $> 25 \text{ kg/m}^2$ (b) BMI $= 25 \text{ kg/m}^2$
(c) BMI $25 - 29.9 \text{ kg/m}^2$ (d) BMI $> 30 \text{ kg/m}^2$
2. Which is the primary method of dietary assessment used in epidemiological studies?
- (a) Food listing
(b) Inventory method
(c) 24 died recall
(d) Weighment method

3. ICDS is
- (a) Integrated Child Department Services
 - (b) Integrated Child Development Services
 - (c) Integrated Child Department Scheme
 - (d) Integrated Child Development Scheme

4. When was who established / founded?
- (a) 23 June 1851 (b) 15 Oct 1961
 - (c) 7 Apr 1948 (d) 19 May 1919

5. Map is one of the
- (a) Visual aid (b) Audio aid
 - (c) Activity aid (d) Audio visual aid

(B) Fill in the blanks : (5 × 1 = 5)

6. Enlargement of thyroid gland is due to deficiency of _____.
7. A common anthropometric measures for infants is _____.
8. Poshan Abhiyan was launched in the year _____.
9. National Institute of Nutrition is located in _____.
10. The cheapest and the most easily accessible aid among audio aid is _____.

II. Answer the following : (5 × 2 = 10)

- 11. Define public nutrition.
- 12. List any four objectives of nutritional assessment.
- 13. List the functions of goitre control programme.
- 14. What are the objectives of ICMR?
- 15. List any six audio visual aids that are used in nutrition education.

PART B — (5 × 5 = 25)

Answer ALL the questions, Choosing either (a) or (b).

16. (a) Give a detailed account on preventive strategies of nutritional anemia.

Or

- (b) Detail on causes, clinical features of PEM.

17. (a) Explain the different methods of clinical assessment.

Or

- (b) List the advantages and disadvantages of biochemical assessment.

18. (a) Give a note on Poshan Abhiyan 2.0.

Or

- (b) List the functions of ICDS.