

19. (a) Write a note of public distribution system.

Or

- (b) What are the advantages of mid day meal programme?
20. (a) List the functions of FAO.

Or

- (b) List the objectives of UNICEF.

SECTION C — (3 × 10 = 30)

Answer any THREE questions.

21. Explain the role of Public Health Nutritionist in National Development.
22. Elaborate the causes and preventive strategies of PEM.
23. Describe the role of audio visual aids in nutrition education.
24. Explain on Goitre control programme.
25. Describe the objectives and functions of any two national organizations concerned with food and nutrition.

S.No. 6554

P 22 FSCC 1 B

(For candidates admitted from 2022-2023 onwards)

M.Sc. DEGREE EXAMINATION, NOVEMBER 2023

Food Service Management and Dietetics – Core Choice Course

PUBLIC HEALTH NUTRITION

Time : Three hours

Maximum : 75 marks

SECTION A — (20 marks)

Answer ALL questions.

- I. (A) Choose the correct answer : (5 × 1 = 5)
1. B complex vitamin deficiency leads to
- (a) Corkscrew hair (b) Pallor skin
- (c) Chelosis (d) Bitot's spots
2. Polyuria is a common symptom of
- (a) Heart disease (b) Colon cancer
- (c) Diabetes (d) Hypertension

3. Which of the following is used for mass nutrition education?

- (a) Group discussion (b) Newspaper
(c) Home visit (d) Work shop

4. The Scheme which provide 10 kg of grains free of cost is for 65 years and above is

- (a) FAO (b) ICOS
(c) Poshan Abhiyan (d) Annapoorna scheme

5. Who was established on

- (a) 1948 (b) 1950
(c) 1995 (d) 1947

(B) Fill in the blanks : (5 × 1 = 5)

6. Fat in triceps is measured using _____.

7. Vit A deficiency is collectively known as _____.

8. Midday meal program was started in India in _____.

9. Expand CFTRI.

10. Personal Interview consisting no pre planned question pattern is _____.

II. Answer the following questions : (5 × 2 = 10)

11. Define Health

12. List the direct methods of nutritional assessment

13. Define obesity

14. Write the objective of nutrition education

15. Write the functions of ICDS.

SECTION B — (5 × 5 = 25)

Answer ALL questions, choosing either (a) or (b).

16. (a) Write the aim and scope of public health nutrition.

Or

(b) Write a note on anthropometric assessment.

17. (a) Describe the clinical features of Vit A deficiency.

Or

(b) Discuss the preventive strategies of Diabetes.

18. (a) Write the scope of nutrition and health education.

Or

(b) List the role of communication technology in nutrition education.