

S.No. 5776

16 SCCPE 2

(For candidates admitted from 2016–2017 onwards)

B.Sc. DEGREE EXAMINATION, APRIL 2022.

**Part III — Physical Education, Health Education and
Sports – Major**

HEALTH EDUCATION AND FIRST AID

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20)

Answer ALL questions.

1. What are the objectives of Health Education?
2. Define WHO.
3. What is Mental Health?
4. Define Health Personality.
5. List down Communicable Diseases.
6. Define Malaria.
7. What is Safety Education?
8. Define Gymnasium.

9. What is Puncture?

10. Define contusion.

PART B — ($5 \times 5 = 25$)

Answer ALL questions.

11. (a) Give an account of national, state level health organization.

Or

(b) Explain meaning and importance of Health Education.

12. (a) Describe the Principles of Mental health.

Or

(b) Explain the Factors affecting mental health.

13. (a) What is the difference between communicable and non communicable diseases?

Or

(b) Explain the causes of Malaria small box and chicken box.

14. (a) Give on account of play fields, swimming Pool and Gymnasium.

Or

(b) Explain the importance of safety education in physical education.

15. (a) Explain the prevention of athletics injuries.

Or

(b) Discuss Sprain, Strain, Dislocation and Muscle Cramp.

PART C — ($3 \times 10 = 30$)

Answer any THREE questions.

16. Define the concept of Health Education. Explain the components of Health Education.

17. Describe the causes of Mental Health Problems.

18. What is communicable diseases and explain the causes of Communicable diseases?

19. Explain the need and importance of Safety Education.

20. What are the treatments of First Aid? Explain the Objectives of First Aid?